PĀNUI

TARARUA REAP NEWSLETTER | OCT/NOV 2023

A Message from Marketing Manager, Alice Franklin

What an incredible (and more than a little busy) term three!

Our team was heavily involved in the local Schools' Kapa Haka Festival, CACTUS (Combined Adolescent Challenge Training Unit and Support), and the Festival of Adult Learning. These events, on top of our many courses and workshops, have us feeling well and truly connected and appreciative of our local communities. It is our involvement in these community events that give us insight into our region, giving us the chance to meet and connect with all sorts of different people. This helps us build a picture of what the needs and wants are for lifelong learning opportunities within the district.

I would like to extend a huge thank you and congratulations to everyone that made the Kapa Haka Festival such a success. Everyone had a lot of fun, the performances were amazing, and the pride and passion was truly evident. Congratulations also to all the trophy winners!

The Festival of Adult Learning at Tararua REAP was a week load of fun. We had our Koru Cabin outside the office and celebrated the many lifelong learning opportunities that REAP offers. The atmosphere was great, and it was a wonderful opportunity to showcase all that Tararua REAP has to offer our communities. Ngā Mihi

Kapa Haka Festival 2023



Thank you to Vicki Priday from VP Photography for capturing the magic of the day

TARARUAREAP

Rural Education Activities Programme

Festival of Adult Learning



CACTUS 2023

Dannevirke CACTUS (Combined Adolescent Challenge Training Unit and Support) is an 8-week programme designed to build young leaders, of which Tararua REAP is a huge supporter. Our involvement includes; Employment support – including mock interviews with real employers, budget support, photography and much more. The success of past CACTUS graduates is truly evident within our community.

15 Gordon Street, Dannevirke

office@tararuareap.co.nz

06 374 6565





earning





www.tararuareap.co.nz

COMMUNITY | SKILLS | DEVELOPMENT Upcoming Courses

Fussy Eating Workshop

With Rose Bertram Learn about the fussy eating spectrum and how to recognise the red flags. Explore strategies to make meal times easier to manage.

When: Evening Workshop Thursdays 2 & 9 November
Where: Tararua REAP, 15 Gordon Street
Time: 7.00pm-9.00pm
Cost: Koha Appreciated
Register with Tararua REAP

Introduction to Natural Healing Woodville

With Renee Timmins An introduction to using natural herbs and food from your own kitchen and garden for healing remedies. When: Sunday 29 October Where: Woodville Marae, 59 Tay Street Time: 9.00am - 3.00pm Cost: Koha appreciated Register with Tararua REAP

Introduction to Natural Healing Part 2 - Norsewood

With Renee Timmins

- 4 key steps to self-heal
- Making and applying poultices and compresses
- Practical application
- Infusing herbs

• Making balms and salves

When: Sunday 12 November Where: Norsewood & Districts' School Time: 9.00am - 3.00pm Cost: Koha Appreciated Register with Tararua REAP

First Aid Courses

With NZ Red Cross Comprehensive First Aid, Essential First Aid and First Aid revalidation. When: November 13 & 14 December 11 & 12 For more information and to register: visit www.redcross.org.nz or phone 0800 733 2767

One-on-One Support Services

By Appointment

- CV Writing and Employment Support
- Digital Devices
- Parent Education
- Whānau Support
- Financial Mentoring



For more information on any of our courses, please contact us on: 06 374 6565, PM us on social media or email office@tararuareap.co.nz Office Hours: Monday to Friday 8.30am to 4.30pm

Christmas Picnic in the Park! For ages 0-5

Bring your children down for Christmas in the Park! Have fun with the Tararua Play Trailer, the Dannevirke Mini Train and explore the Dannevirke Upper Domain Playground. Children will enjoy a visit from Santa, who has a small gift



<u>Details</u>

10:00am - 12:00pm
 Wednesday 6
 December

DecemberDannevirke Upper

Domain S Fully Subsidised

Registration Required



Please bring picnic food and water for you and your child.

Please bring pichic food and water for you and your child. Picnic food not supplied Twilight Coffee Zone and The Ice Cream Truck will be on site

DANNEVIRKE SEED LIBRARY

Opening Wednesday 1 November

Located at the Dannevirke Library 1 Station Street, Dannevirke

Bring some surplus seeds from your home garden to help kick start our seed library





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