

ECE Newsletter

Term 2, 2025

hello AUTUMN

As the days get shorter and the weather gets darker, we need to make sure our tamariki are visible near roads - This term let's talk about road safety!



TARARUA REAP
Rural Education Activities Programme

 15 Gordon Street, Dannevirke
 06 374 6565
 office@tararuareap.co.nz
 www.tararuareap.co.nz  





Mel Oliver

Education Support Coordinator

Nau mai, haere mai!

We had a lot of fun during Term 1 with all the playgroups and Kohanga learning about New Zealand birds. It was fabulous seeing lots of the tamariki trying to use sign language for bird names and hearing stories about the birds seen at home.

Our focus for Term 2 is “Belonging and Well-Being.” To support this our activities are based around road safety. We have a book called “Suzie and Sam Learn About Road Safety”, games to play and a craft activity to enjoy.

Later in the term we warmly invite you all to join Senior Constable Max (School Community Officer) and Little Buds, for a hands-on session promoting the latest information around car seat safety.

We will let you know as soon as the dates are confirmed!

Please keep up the feedback on how you find the sessions, and any topics or activities you would like for playgroups in the future. I look forward to seeing you all during term 2.

Ka kite ano,

Mel



Road Safety



TERM TWO 2025 – DELIVERED BY MEL OLIVER

This term our focus is on oral language, literacy, health and wellbeing, and the wider world!
This includes a storybook, puzzles, road safety games and a craft activity.

Play Groups	Day	Date
Ruahine Playgroup	Tuesday	6 May
Building Blocks Dannevirke	Thursday	8 May
Te Kōhanga Reo o Kaitoki	Wednesday	14 May
Te Kōhanga Reo o Atawha	Tuesday	20 May
Ti Tree Point	Wednesday	21 May
Kumeroa-Hopelands Playgroup	Monday	26 May
Te Whare Koha Playgroup	Wednesday	28 May
Building Blocks Woodville	Thursday	29 May
Woodville Playcentre	Tuesday	3 June
Takapau Playcentre	Wednesday	4 June
Tots and Toddlers	Monday	9 June
Sprouts	Tuesday	17 June



TE WHARIKI STRAND



Mana Whenua
Belonging

Manu Atua
Wellbeing

GOAL

Connecting links with the family and the wider world are affirmed and extended

Keeping themselves and others safe from harm.



LEARNING OUTCOME

Making connections between people, places and things in their world

Learn about being safe around our roads and in the car.

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GOING BY CAR

Help your child to:

- wait until the car has stopped before getting in
- let children in and out of the car on the footpath side only
- understand not to distract the driver - they need to concentrate
- keep their hands and legs inside the car
- check with the driver before opening the windows for any reason
- wait until the car has stopped before taking off the child restraint
- look out for pedestrians and cyclists when opening the door
- use the door handle to close the door gently but firmly

WHAT ELSE CAN I DO TO HELP MY CHILD BE SAFER AROUND CARS?

- Park safely – away from yellow lines, pedestrian crossings, intersections and driveways.
- Park on the same side of the road as your destination.
- Walk to school with your children, meet them after school and walk them to your car.
- Never call to a child from across the road.
- Make sure child restraints are standards-approved and fitted properly.

AS A CAREGIVER, WHAT AM I RESPONSIBLE FOR?

- Obey variable speed limit or active warning signs near schools when they are activated (40km/h).
- It is the law that:
 - All children under seven must be secured in an approved child restraint appropriate to their age and size.
 - If the child is seven years old, you must use an approved child restraint appropriate for their age and size. If there isn't one available in the vehicle, you're required to use a seatbelt.
 - If your child is under 148cm tall (and age seven or older), the safe option is to use an approved child restraint.
 - For more information visit www.nzta.govt.nz/childrestraints



Ensure everyone makes their seat belt click before starting the car on any trip, long or short.

Here's what you need to know to help teach your child about staying safe on roads and near railways.

Keep it as a handy reference tool.



WALKING

Teach your child about how to be safe when walking alone or with others.

- Go to the roadside near your home and kneel down so you are the same height as your child.
- Ask your child what they can actually see or hear from their point of view.
- Children can't judge traffic and may not be thinking about what they are doing right then – like trying to cross the road safely.

Teach your child how to do the following (and explain why they need to):

- Walk on the footpath, close to the houses and away from the road.
- Look and listen for traffic at driveways (some driveways are difficult to see).
- Use pedestrian crossings or cross at traffic signals, wherever possible.
- Take care in car parks, school drop-off/pick-up points or busy shopping areas with lots of traffic.
- Walk facing oncoming traffic on roads where there are no footpaths.
- Share the footpath with others, including skaters, scooters, wheelchairs and mobility scooters.

If there are no crossings or traffic signals, talk about and show your child how to:

- find a safe place to cross
- always use the kerb drill.

KERB DRILL

- 1 Take one step back from the kerb.
- 2 Look and listen for traffic coming from all directions.
- 3 If there is traffic coming, wait until it has passed and then look and listen for traffic again.
- 4 If there is no traffic coming, walk quickly straight across the road.
- 5 While crossing, look and listen for traffic, wherever it may come from.

BLOCKED FOOTPATHS

Teach your child to watch for vehicles.

If a vehicle is blocking the footpath, show them the following steps:

- Check inside the vehicle to see if there's a driver.
- If you can see a driver, stop a couple of metres away and wait to see if they are going to move.
- If you can't see a driver, look and listen for signs the vehicle may move soon, for example:
 - exhaust fumes
 - reverse lights
 - engine noise.

If there's no driver in the car and the engine isn't running, walk around the vehicle on the house side.












If there's no room on the house side, walk carefully around on the road side, looking and listening for traffic from all directions. Or go back and find a safe place to cross the road using the kerb drill.

If there are no crossings or traffic signals, talk about and show your children how to find a safe place to cross.

Safe or Unsafe?



Are these Safe or unsafe situations?
Colour the correct box below.

	Safe	Unsafe		Safe	Unsafe
	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>
	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input checked="" type="checkbox"/>	<input type="checkbox"/>

Move more with your tamariki

The whole whānau can benefit from physical activity, so why not move more together.

Daily movement supports tamariki with their physical, social, emotional and spiritual growth. Sitting less and moving with your tamariki provides great bonding time together and an opportunity for the whole whānau to engage in physical activity.

- Encourage whānau to choose activities they enjoy.
- Have indoor and outdoor options to suit all types of weather.
- Use it as an opportunity to get in your physical activity too.

Here are a variety of activities you can do together:



Washing your car



Dancing



Gardening



Walking



Biking



Skipping



Playground fun



Climbing trees

For more information visit heartfoundation.org.nz



KIDS GREENING TAUPO

Kia tangi ai te tini parirau to hear the sound of many wings

NATURE

BINGO



Go on a nature walk and see how many of these things you can spot. Can you complete a row? Can you find all of the items? Who can find them first? Have fun!

www.kidsgreeningtaupo.org.nz



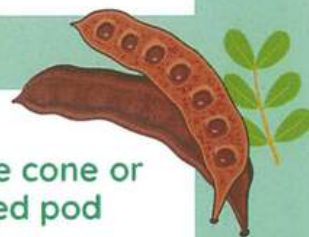
An interesting bug with lots of legs



A piece of lichen



A feather or shell



A pine cone or seed pod



Seeds with wings or 'propellers'

Bark that feels rough



A stick in the shape of a Y



A interesting bug that can fly



A leaf that is bigger than your hand



A spider web

A hole made by a bug or other animal



Berries, acorns or nuts



A bird that is singing



A hill to roll down



A flower that smells nice



Some interesting Fungi





KIDS
GREENING
TAUPO

Taiaroa

WHAREWHARE



Head out into nature and search for these things.
Remember to shout "Wharewhare!" (BINGO)
when you have spotted them all! Good luck!
Ka kitea e koe te katoa? Kia Kaha!



Huru



Mū



Hawa



Kākano



Aruhe



Pāpākiri



Peka
rākau



Kōhanga
manu



Putiputi



Pūngawerewere



Rau



Pūrerehua



Manu



Kōhatu



Tumutumu



Hekaheka

Budget Mentoring

RELIEVE FAMILY STRESS AND GET ON TRACK WITH YOUR FINANCES



Parenting can be hard, even without the stress of juggling debts and bills.

Our Financial Mentors provide tips, tricks and resources to help sort your financial situation. They can help you establish realistic financial goals for you and your family.

- ✓ Free
- ✓ Non-Judgemental
- ✓ Confidential

“The help I received has helped relieve stress and is giving me peace of mind.”

Details



Bookings by appointment



Tararua REAP,
15 Gordon Street



Fully Subsidised

For more information or to book an appointment, contact Tararua REAP

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Picky Eating

IN PAHIATUA

LEARN HOW TO REDUCE STRESS AT MEALTIMES
OVER THREE SESSIONS



“BEST THING EVER! Dinner times in our house have gone from battles, tears, time outs, bargaining, bribing, and tantrums, to legitimately pleasant experiences.”

Eating can be more challenging for children than we realise.



How food looks, smells and feels, both on the plate and in their mouths can all impact a child's experience with food.

Sensory processing, genetics and neurodiversity can also play a part in picky eating.

Join other parents over 3 weeks in a non-judgemental space to learn about the spectrum of picky eating.

Details

-  10:00am - 12:30pm
-  Thursday 15, 22 and 29 May
-  Tararua Community Services Pahiatua
-  Koha Appreciated
-  Refreshments available

**To Register, contact
Tararua REAP**

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Adult Community Education

Parent Education

Financial Mentoring

Strengthening Families

Whānau Support

Employment Support

Supporting Early Childhood

Education and Schools

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